



# Christophe Sannier

BIB	AGE	STATE/COUNTRY	PROFESSION
484	37	AMIENS FRA	Lifeguard

SWIM	BIKE	RUN	OVERALL	RANK	DIV.POS.
24:42	2:47:58	1:57:59	5:16:21	18	3

LEG	DISTANCE	PACE	RANK	DIV.POS.
<b>TOTAL SWIM</b>	<b>1.9 km (24:42)</b>	<b>1:18/100m</b>	<b>1</b>	<b>1</b>
BIKE SPLIT 1: 44 km	44 km (1:14:07)	35.62 km/h		
BIKE SPLIT 2: 90 km	46 km (1:33:51)	29.41 km/h		
<b>TOTAL BIKE</b>	<b>90 km (2:47:58)</b>	<b>32.15 km/h</b>	<b>13</b>	<b>3</b>
RUN SPLIT 1: 4.9 km	4.9 km (30:37)	9.60 km/h		
RUN SPLIT 2: 9.8 km	4.9 km (25:54)	11.35 km/h		
RUN SPLIT 3: 17.4 km	7.6 km (43:49)	10.41 km/h		
RUN SPLIT 4: 21.1 km	3.7 km (17:39)	12.58 mph		
<b>TOTAL RUN</b>	<b>21.1km (1:57:59)</b>	<b>5:35/km</b>	<b>18</b>	<b>3</b>

TRANSITION	TIME
<b>T1: SWIM-TO-BIKE</b>	<b>2:39</b>
<b>T2: BIKE-TO-RUN</b>	<b>3:03</b>